Ages and stages

1. Gather pictures of each stage of your pregnancy or baby’s growth. (before birth to present age) Ultrasound pictures would be great. Dad’s if you don’t have before birth pictures use pictures of you, when you were small. The first page should be from when you first found out you were pregnant or going to be a dad to present.
2. Once a month you will create an ages and stages page for your scrapbook. These pages are your own creations. They are your BRAG pages of your pregnancy or your baby. Be creative, you design them any way you want them.

Each page should have a description section. Write about the following things that are currently happening to in your pregnancy or to your baby. You can always add more but you must have at least the following 3 points.

1. Baby: current age, height & weight
2. What new things is the baby doing, i.e.: new words, crawling, first steps, new teeth, eating, rolled over, etc.
3. Write about their personality, behaviors, and mannerisms.

If pregnant, write about what is happening with you during each month. (nauseated? Cravings? Cramps? Etc.) Write about what is developing with the fetus find out how big they are during that month. What new developments are occurring?